

Did you know, Australia has the highest rate of skin cancer in the world!?

...Mostly due to our harsh climate and everyone's pursuit of a great tan.

At our up and coming Interschool Swimming Carnival, a great tan is the last thing we want you to get. Tanning may make you feel better and more attractive but it isn't good for your health.

In fact;

- ◆ Tanned skin is actually a sign of skin cells in distress.
- ◆ The next step after prolonged tanning is melanomas (skin cancer).
- ◆ 9 out of 10 people in North Queensland get some form of skin cancer at some stage of their lives.

...so don't be another statistic!!

At this years Inter-House Swimming Carnival each house can claim to be the most sun safe by earning points for every student that gets sunscreen from the sunscreen angels – AND applies it. No points will be awarded to those who waste the sunscreen!

The sunscreen angels can be found in the Sun Safety marquee beside the main grandstand on the day of the carnival.

The sunscreen angels have already started the points tally by going around at lunchtimes and handing out sunscreen to those on the back oval in the sun.

The current points tally is:

- 1st Clifton – 76 pts
- 2nd Ellis – 61 pts
- 3rd Trinity - 58 pts
- 4th Kewarra - 56 pts

At the Swimming Carnival keep an eye out for 'Sid the Seagull' and the sunscreen angels who will be dressed in white long sleeve shirts and appropriate sun safe gear to help you stay safe...

*Jaimee Ahrens & Bec Bridgeman -
Year 12*



YEAR TWELVE INDUCTION

This year's Year 12 induction was held last Tuesday, 10 February, at the YMCA Recreational Centre in Smithfield. The aim of this induction is not only to impress upon our grade 12 students the importance of this last year of school for their future, but also to make it very clear to them and all the other students of Smithfield State High School how special their role is, in our school community.

In 2009, more than in previous years, the school will appeal to these students' sense of initiative, motivation and persistence. In order to give the students a greater feeling of ownership, more responsibility will be given to them in the organisation of events such as school parades, sports carnivals and fund raising.

Although these expectations are valid for each and every Year 12 student at Smithfield State High School, there is a special group of school leaders, chosen by the students and staff, for whom these expectations are even higher. These School Captains, Vice Captains, House Captains and House Vice Captains were asked to take the school pledge during this induction ceremony.

Our school community wishes these students success in their last year at Smithfield State High School and I, as their Year Co-ordinator, am fully confident that the class of 2009 will leave a lasting positive impression on the school.

Mr Jan Metzlar
Year 12 Co-ordinator



CYCAS CIRCUS ON FIRE!



Cycas Circus would like to thank the Northern Circus Alliance trainers for their help this year:

Gerry Holmes

And local representatives of the community:

MP Steve Wettenhall

SSHS P&C

The Tanks

Cairns Regional Council

Also a special thank you to local businesses in our community:

Reid Screen Printers

Candy Signs

Caught On Fire

The Cycas Circus Troupe continued to astound audiences over the recent holiday break. They workshoped with children at St Andrews Vacation Care, performed their new aerial act for the SKAL Christmas Ball at the Cairns Convention Centre, helped Santa entertain kids at the Edge Hill Bowls Club and ended the year roving and performing at the Casino on New Year's Eve and drawing the crowd to the fireworks with their Grand Finale Fire Show on the Esplanade. It all proved to be very profitable for the troupe, raising over \$2000.00.

As of December, Cycas is now running the Foreshore Fire Show for the Cairns Regional Council on the Esplanade every third Friday of the month. The troupe was also granted in-kind funding from the Council to continue aerial training at the Tanks Arts Centre during the wet season until June.

Following this intensive training, they will be performing their first full-length production, The Wheel of Life, on Friday 5 June at The Tanks. They are in search of enthusiastic dancers and gymnasts as well as anyone wishing to learn circus arts skills and technical theatre to be involved in the show.

Cycas Circus workshops are open to all students aged eleven to eighteen years. Workshops are on Tuesdays from 3-5pm in the Smithfield State High School's Drama room in Q3. Auditions for the 2009 performing troupe will occur in the next two weeks.

Students interested in attending the workshops or performing in their new show should contact Mrs. Burnheim.

Em: pburn17@eq.edu.au
 Ph: 4055 6604 ext 38
 Mob: 0431 873 591



Coast FM: Hotter than ever before

by Brittney Ewasyn - Year 12
(International Student - Canada)

Starting off 2009 is a *much hotter* CoastFM radio crew. Made up of Year 11 and 12 students, the "**UNDER NEW MANAGEMENT**" sign has new meaning with Colin and Bec Selsby at the wheel not taking any slack. You may have heard of CoastFM in the past, but you haven't seen anything yet! The NEW CoastFM will be re-launched on Sunday 10 May and is expected to be **hotter than ever before**.

CoastFM is a youth community station which has been running at Smithfield SHS for over 10 years, managed by Radio and Broadcasting students and passed down from year to year. Playing a variety of music, CoastFM is for everyone and has a diverse range of loyal listeners, from teenagers to tradies. It is hoped that by re-launching the station in 2009 in its **much hotter format**, our listeners will continue to grow in number.

Being a community station, CoastFM relies entirely on outside sponsorship to keep the station up and running. At present Marketing and Promotions student manager, Georgia Berwick, is on the lookout for **businesses and community members** who would like to get involved in the re-birth of CoastFM. The rest of the crew are also hard at work creating other fundraising initiatives for 2009 to help bring about our planned changes in format, content and membership packages.

Despite the obstacles that the radio students face in their quest to rebuild the station, they are headed at full throttle towards the launch date. Aging equipment and lack of funds creates an uphill battle for the new crew, but like their predecessors who fought back after an arson attack destroyed the station in 1998, they are once again fixed on coming back, **new and improved**. Teacher and Station Manager, Bec Selsby, said, "Like a phoenix, CoastFM is rising from the ashes once again and no one should think otherwise!".

There are a number of notable events in the lead-up to our Hotter Than Ever Launch Party on Sunday 10 May. The team is working non-stop to organize events, sponsors, new shows and new music...

Tuesday 24 Feb: Music and entertainment for the upcoming **swimming carnival** will be supplied by the new CoastFM crew and in the week leading up to the carnival SSHS students and teachers will be able to request songs by making a \$1 donation to the station. The radio crew will play non-stop tunes throughout the day to keep everyone upbeat and at their absolute best to compete. The 2009 swimming carnival will also see the introduction of Dance Twenty20, an event that is sure to blow your mind!

Friday 27 Feb: The revival of **Lunchtimes in the Plaza**. CoastFM will broadcast at lunch from the Q block plaza where students can request songs and listen to music while enjoying their lunch break. This will mark the official start of our **CD DRIVE** where you can bring in your unwanted CDs to donate to the station. Every donation will be recognised with the donor's name added to the CD; every donor will also be able to **record their own sweeper** to be played on CoastFM.

Lunchtimes in the Plaza will continue every fortnight in the lead-up to the Sunday 10 May re-launch and far into the future.

New Music...Local Talent: Coast FM are also looking for local bands with original recordings to send them to the station. Local boys, Minus Penny, have already jumped on board and now have both their EP's on our playlist, so listen out for their songs and also drummer, Liam, as he charms the airwaves in a series of sweepers he recorded in the studio recently.

CONTACT US...

SEND New music or unwanted CD's to:

CoastFM
PO Box 500
Smithfield Q 4878

CALL if you would like to be a part of the **NEW CoastFM**:

CoastFM Office: 4057 6582
Smithfield SHS: 4055 6604

And in the meantime...

Watch this space and tune in to 101.9 CoastFM

